

IDEA STARTERS FOR CALMING CORNERS

FORMCORE
SERVE. CREATE. INSPIRE.

SELF-REGULATION | WELLNESS & MINDFULNESS | COMFORT | ENGAGE & FOCUS

WHY CALMING CORNERS WORK:

- **Reduce Negative Behaviors:** linked to decrease in negative student behaviors
- **Enhance Emotional Regulation:** de-escalate heightened emotions
- **Positive Impact on Classroom Climate:** student engagement and connection
- **Promotion of Lifelong Coping Skills:** normalizes self-regulation strategies

SELF-REGULATION

IN CALMING CORNERS

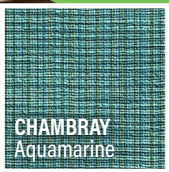
- Self-awareness
- Stress reduction
- Self-control
- Coping skills



CLICK or SCAN
to download in CET!

COLOR CONSIDERATIONS:

Soft blues, greens, and neutral earth tones help promote calm & reduce overstimulation.



CHAMBRAY
Aquamarine



SILVERTEX
Celery



SILVERTEX
Sapphire



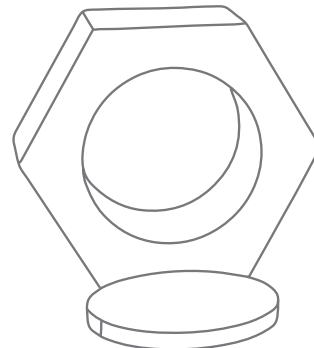
MICROSUEDE
Light Green

WHERE DO CALMING CORNERS FIT?

- Classrooms
- Media Centers
- Lobbies
- Spaces in Between
- Cafeterias
- Sensory Rooms
- Wellness Spaces
- SPED Rooms



F129



F083



Approximately
12' X 7' SPACE:

- F129: Lug Nest
- F083: Oriole's/Lug Egg Pad
- FK006: Flop
- FF005: FÖM Flopper

WELLNESS & MINDFULNESS

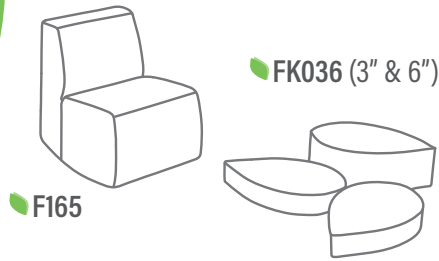
IN CALMING CORNERS

- Mindfulness practice
- Emotional security
- Positive self-talk
- Feeling safe



Approximately
6' X 4' SPACE:

F165: Rock'n Roller (SM)
FK036: Leaf Lily Pad (3" & 6")



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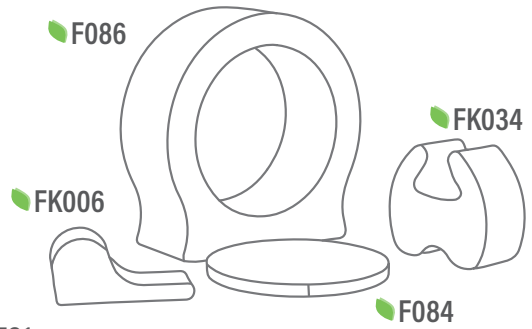


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Approximately
13' X 9' SPACE:

F086: Falcon's Nest
F084: Falcon's/Hex Egg Pad
FK006: Flop
FK034: Hug Chair 2.0 (XL)



COMFORT

IN CALMING CORNERS

- Sensory-friendly
- Rest & recharge
- Feeling of security
- Comfortable retreat



ENGAGE & FOCUS

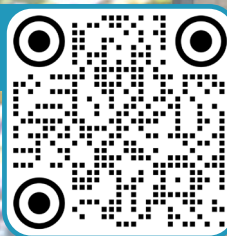
IN CALMING CORNERS



- Enhanced concentration
- Greater academic confidence
- Increased time on task
- Improved classroom engagement

FōMcore EVERYWHERE LEARNING HAPPENS!

CLICK or SCAN
to download in CET!



SILVERTEX
Carbon

ROUTE
Deep Sea

ALPHABET
Eucalyptus

Approximately
6' X 4' SPACE:

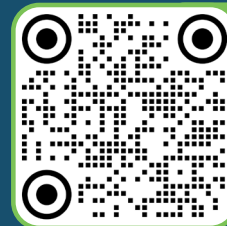
FK033: FōM Desk (SM)
F166: ROK Drop (SM)
FK034: Hug Chair 2.0 (JR)



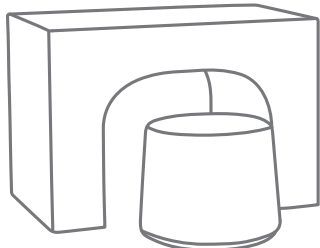
WANT MORE INFORMATION ON CALMING CORNERS?

CONTACT US!

CLICK or SCAN
www.fomcore.com



FK033



F166



FK034